

# Girls Circle Facilitator Training

## Promoting Resiliency in Adolescent Girls

Girls Circle Association is a Project of the Tides Center



## Learn Skills to Lead Engaging Support Groups for Girls!

A workshop for service providers, educators, therapists, probation officers, social workers, mental health workers, & others who support girls' growth and development. Girls Circle training has been applied to programs such as positive youth development, juvenile probation, schools, health education, boys and girls clubs, substance abuse prevention, pregnancy prevention, outdoor adventure groups, and gang-prevention.

**Rated a Promising Approach by the Office of Juvenile Justice & Delinquency Prevention**

### What can you do to encourage adolescent girls to...

- Enhance judgment and critical thinking skills?
- Stay true to themselves and value their perceptions?
- Make wise and healthy choices/decisions?
- Maintain authentic connection with peers and adults?
- Hold on to their voices?
- Counter trends towards self-doubt?
- Broaden their definitions of beauty and womanhood?
- Voice their ideas and opinions in a safe environment?
- Respect themselves and others?

**Girls Circle Facilitator Training, Promoting Resiliency in Adolescent Girls, is a timely workshop that provides adults with a solid, progressive framework of applicable skills to facilitate gender-specific programs for girls.**

**14 CE's offered to LCSW's from NASW-approved states**

**1 College Credit offered through Sonoma State University (apply at training)**

**December, 2-3, 2008**

**Stamford, CT**

**8:00am-4:30pm**

**Early Bird Fee: \$ 295.00\***

**\*\$350 Registration Fee after Nov. 3rd.**

**(Full 2-day attendance required)**

**Host:**

**Stamford Youth Services Bureau**

**Location:**

**University of CT Stamford Campus**

**One University Place, Stamford, CT 06921**

<b>Day 1: Tues., Dec. 2<sup>nd</sup> 8am-4:30pm</b>	<b>Day 2: Wed., Dec. 3<sup>rd</sup> 8am-4:30pm</b>
• Philosophy & Rationale of Girls Circles	• Primary Role of the Facilitator
• The Six Step Circle Format – Why it Works	• Effective Facilitation Skills – Get Girls Talking
• Creating Trust, Bonding & Cohesion	• Shaping & Holding Lively Group Discussions
• Handling Challenging Group Dynamics	• Co-Facilitation as an Option